

# EMERGE

Trinity Health Mentoring Program

## Mentoring



### WHAT MENTORING IS/ DOES

- A relationship for employees to share information and knowledge about the organization.
- A way to share experiences and learnings through real-life examples.
- Provides direction and guidance on career goals both short and long term.
- Helps to establish and set professional goals .

### WHAT MENTORING IS NOT

- Is not a one-way relationship.
- Is not a guarantee for promotion or sponsorship.
- Is not always going to be successful.

### BENEFITS OF MENTORING

#### For the Mentee:

- Fosters networking
- Gains perspective on the organization
- Enhances skills and career development
- Increases career mobility
- Increases employee engagement

#### For the Mentor:

- Allows knowledge transfer to others
- Provides a way to give back
- Improves leadership skills
- Increases employee engagement