# **Executive Coaching**



Improved leadership performance from executive coaching

51%

Team Effectiveness

**ICF Global Coaching Client Study** 

73%

Interpersonal Relationships **72%** 

Communication Skills

61%

Business Management

## Get the most out of your coaching investment!



## **Personal Assessment**

- Individual assessment to identify strengths and areas for improvement.
- Personalized feedback to review results and define opportunities.
- Identify potential blind spots in your leadership style.



#### **Goal Setting**

- Define what success looks like (both personally and professionally).
- Set targets to achieve success.
- Develop your strategy and build the plan to meet the targets.



### **Coaching**

- Regular one-on-one meetings with your coach to process issues.
- Learn tools to help you meet your goals and achieve success.
- Receive support in applying the tools to real leadership situations.



#### **Monitoring Progress**

- Have an accountability partner helping you stay on track.
- Support adapting your goals or strategy based on changing situations.

Fasttrack your leadership skills with personalized Executive Coaching

